

**COUNCIL OF GRADUATE STUDENTS**  
**Michigan State University**

**Resolution:** 18-SS-28

**Title:** A Resolution to Support “Goodbye to the Imposter Syndrome: Success Begins with the Real You” Event

**Introduced by:** Graduate Welfare Committee

**Introduced on:** February 21, 2018

**Supported by:** Executive Board 2017-18

**THE COUNCIL OF GRADUATE STUDENTS OF MICHIGAN STATE UNIVERSITY**  
**ENACTS:**

WHEREAS, The Imposter Syndrome poses a significant barrier to many graduate and professional students nationwide, including at Michigan State University;

RECOGNIZING, Research shows that the psychological effects of this syndrome include psychological distress, irrational thinking, anxiety, and manic and depressive tendencies that have been correlated with attrition and departing one’s degree program before completion;

RECOGNIZING, That Dr. Valerie Young is an internationally known expert on the Imposter Syndrome and describes it as especially affecting women, women of color, first generation college students, people with learning disabilities, and international students;

RECOGNIZING, That Dr. Young’s presentation has the potential to reach hundreds of graduate and professional students across MSU, contributing to both healthier climate while maintaining the culture of high performance;

BE IT RESOLVED, That COGS will contribute to the “Goodbye to the Imposter Syndrome: Success Begins with the Real You” Event in the amount of \$1,000;

BE IT FURTHER RESOLVED, That this resolution will take effect at the end of the Full Council meeting in which it was adopted.

INTRODUCED ON:

VOTE TOTALS:

46 FOR  
2 AGAINST  
1 ABSTAIN

  
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Recording Secretary

  
\_\_\_\_\_  
President