COUNCIL OF GRADUATE STUDENTS
Michigan State University

Resolution: 16-FS-01
Title: Request to provide support and sponsorship to the Spartans Will Fatherhood Forum
Introduced by: Rep Mark Suchyta and President Jordan       Introduced on: (09/07/16)
Supported by: Recording Secretary Kohn

THE COUNCIL OF GRADUATE STUDENTS OF MICHIGAN STATE UNIVERSITY
ENACTS:

WHEREAS, a healthy work-life balance is essential to overall wellness and productivity;

WHEREAS, graduate studies can be intense and short on opportunities to center oneself and reset internal energies;

WHEREAS, the KORU Mindfulness course lead to less stress, better sleep and less self-judgment through mindfulness, meditation and stress management exercises;

RECOGNIZING, the necessity of a mindfully healthy graduate and professional student body and the financial burden faced by many of our peers and colleagues;

BE IT RESOLVED, that COGS agrees to provide $750 to sponsor the enrollment of graduate and professional students in the 4 week KORU Mindfulness course held at Olin Health Center;

BE IT FURTHER RESOLVED, that this resolution shall take effect at the conclusion of the Full Council Meeting in which it is adopted.

INTRODUCED ON:

VOTE TOTALS:
40 FOR
0 AGAINST
2 ABSTAIN

[Signatures]
Recording Secretary
President